



PodCastle- Castles for Children's Multicultural and Digital Experiences
ERASMUS+ Project 2023-2-CY01-KA210-SCH-000170000



**Co-funded by
the European Union**

Funded by the European Union.

Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA).

Neither the European Union nor EACEA can be held responsible for them

International CONFERENCE
**Fortezza Firmafede 15 April 2026 17:00/
19:00**

OUTDOOR SCHOOL: LIFE IN A CASTLE

**A lesson of history and anthropology for children,
THROUGH DIRECT EXPERIENCES IN THE SARZANA
FORTRESS.**

Presented by: Roberta Olmi
Senza Tempo Association



Welcome to a unique journey into the past!

Outdoor School=learning by doing, outside the classroom

Experiential learning: students learn through direct experience

Active participation : learners are engaged physically, cognitively, and socially



Outdoor School is not just a theory.
At the Sarzana Fortress, it becomes a real, lived experience.

Exploring a castle helps children experience history in a tangible and exciting way.



Why a Castle?

A castle is much more than stone walls and towers—it is a living classroom!

In a castle, children can discover:

- The daily life of medieval people, from knights to peasants
- The roles and responsibilities of different social classes
- The architecture and defensive features of castles
- Legends, traditions, and medieval culture and music



MEDIEVAL REENACTMENT ELEMENTS

Armor, weapons and costumes



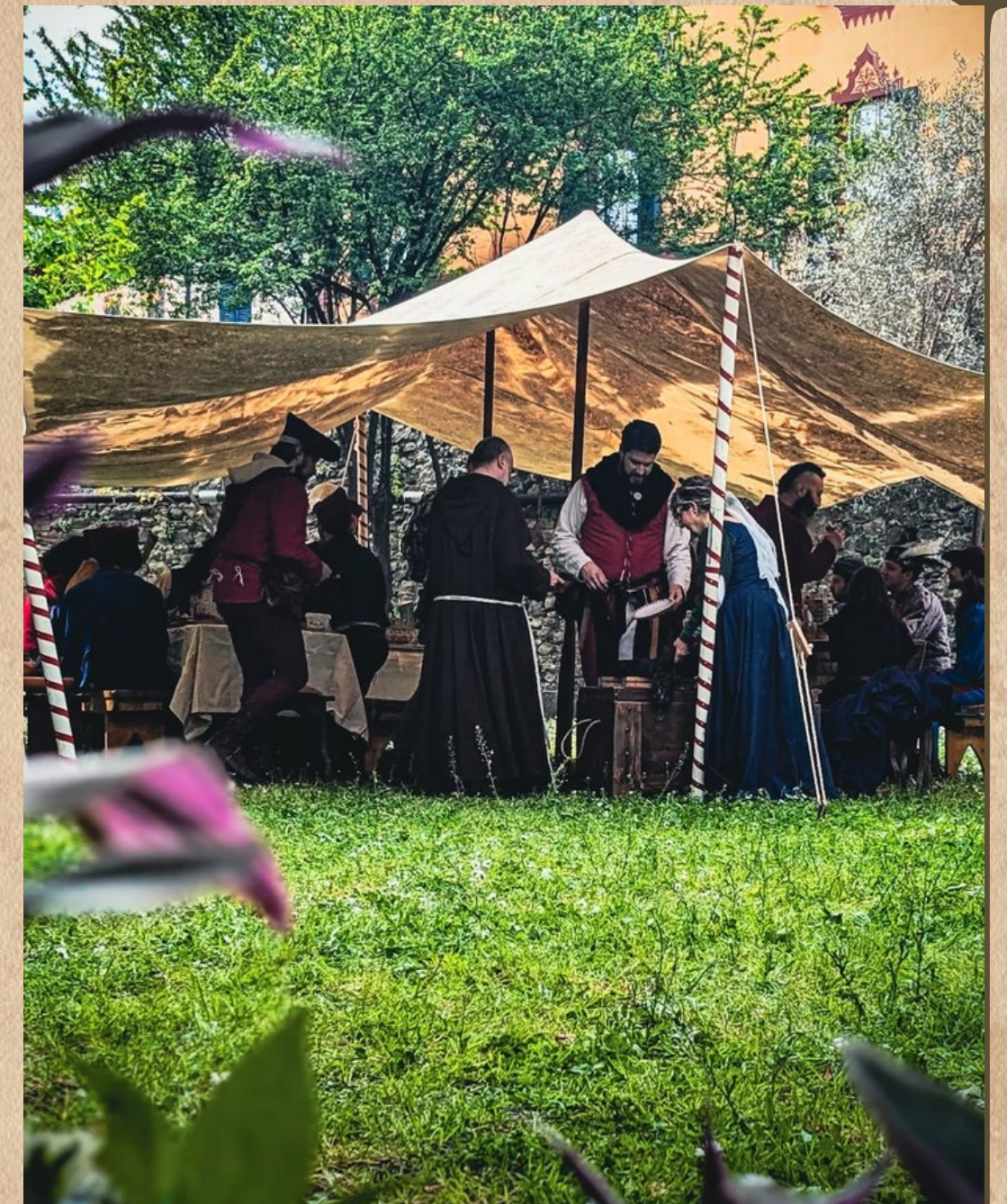
MEDIEVAL REENACTMENT ELEMENTS

Medieval cooking and games



MEDIEVAL REENACTMENT ELEMENTS

The reenactment camp



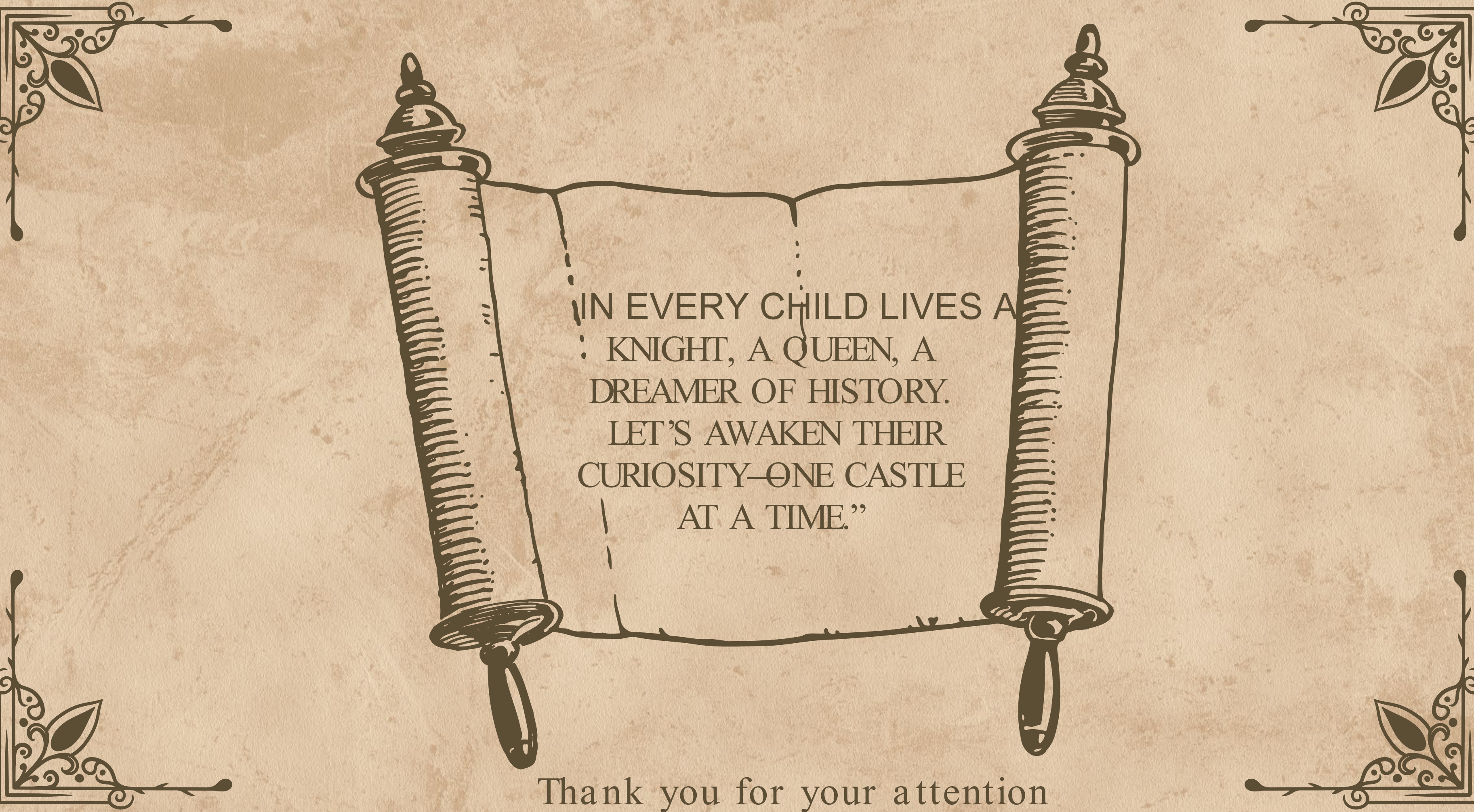
Learning by doing!

Our educational approach focuses on active learning:

- Children learn by doing, touching, and experiencing history firsthand
- Interactive storytelling engages their imagination and curiosity
- Sensory activities stimulate all senses—touching materials, hearing period music, wearing costumes
- Group activities promote inclusion, cooperation, and social skills

This method helps children build deep and lasting connections with history.



An open scroll is the central focus, with its two ends rolled up and secured with decorative caps. The scroll is held open by two dark, teardrop-shaped weights at the bottom. The text is written in a classic serif font on the unrolled portion of the scroll. In each of the four corners of the page, there is a decorative flourish consisting of a leaf and swirling lines.

IN EVERY CHILD LIVES A
KNIGHT, A QUEEN, A
DREAMER OF HISTORY.
LET'S AWAKEN THEIR
CURIOSITY—ONE CASTLE
AT A TIME.”

Thank you for your attention